Anant Vinjamoori, MD, MBA

Physician executive in longevity medicine, consumer health and clinical AI

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SUMMARY

Anant Vinjamoori is Chief Medical Officer of Hims, where he leads clinical guidance for the Hims brand across its core categories and emerging areas including longevity medicine and peptide therapy. He founded Next Generation Medicine, which gives clinicians and companies the AI tools, education and expert network to practice longevity medicine rigorously, and co-chairs Next Generation Longevity, NGM's annual international conference in Japan. He previously built the first national integrated longevity clinic brand in the United States as Chief Medical Officer of Modern Age, and led product at Virta Health. His commentary has appeared in the Wall Street Journal, Forbes, Fortune, Business Insider and Vogue. He trained at Harvard Medical School, Harvard Business School and Brigham and Women's Hospital.

EXPERIENCE

Hims & Hers · Chief Medical Officer, Hims — June 2026 – Present

- Leads clinical guidance for the Hims brand across sexual health, hormone health, dermatology, weight loss and mental health.
- Builds the clinical foundation for emerging areas, including longevity medicine and peptide therapy.
- Reports to the Global Chief Medical Officer of Hims & Hers.

Next Generation Medicine · Founder and President — November 2024 – Present

Intelligence and training for clinicians and companies at the frontier of longevity medicine, operating in the United States and Japan.

- **AI platform.** A Clinical Knowledge Assistant that answers clinical questions with mechanism-grounded explanations, and biomarker analysis that turns lab panels into systems-level reports and plans. Used by longevity clinics and health companies.
- **Clinical Academy.** Expert-led, mechanism-first courses and certification for clinicians entering longevity medicine.
- **NGM Commons.** A vetted network of longevity companies, experts and service providers, with independent coverage of the field.
- **Global Insights.** Monthly reports on longevity science and the longevity market for clinicians, companies and investors.

Next Generation Longevity · Co-chair — 2026 – Present

- Co-leads NGM's annual international longevity medicine conference in Japan, convening physicians, researchers, companies and investors from the United States, Japan and across Asia.
- Next Generation Longevity 2026: October 15–16, 2026, Nakanoshima Qross, Osaka, with more than 40 speakers and 17 sponsors.
- Next Generation Longevity 2027 will be held at WHX Osaka, June 30 to July 2, 2027.

Superpower · Chief Longevity Officer (advisory) — September 2024 – 2026

Clinical strategy and evangelism for a new model of healthcare focused on performance and vitality.

Midi Health · Head of Longevity Medicine (advisory) July 2024 – 2026

Helped build a platform to extend women's healthspan and longevity.

Modern Age · Chief Medical Officer 2021 – 2024

- Led the clinical team and built a first-of-its-kind clinical strategy for delivering longevity medicine to a broad population: the first national integrated longevity clinic brand in the United States.
- NPS above 90 and more than 50% renewal in core longevity programs.
- Scope included comprehensive diagnostics, personalized lifestyle, supplement and prescription protocols, IV and injection therapy, neurofeedback and aesthetic procedures.

Virta Health · Director of Product / Staff Physician June 2017 – December 2021

- Led four product teams (about 30 engineers, designers and product managers) spanning Virta's virtual care platform and proprietary EHR, operations and revenue cycle, customer deployment, and new product lines.
- Member of the senior leadership team, reporting to the COO.
- Staff physician delivering remote diabetes care to thousands of patients.

Google · Program Manager, Health Search 2017

Used clinical insight to shape products that help users understand and act on their health, including user experience and algorithm design.

Aavya Health · Founder and CEO 2012 – 2014

Healthbox and Blue Cross Blue Shield supported startup that turned patients' lab results into decisions. Built a personalized recommendation engine on evidence-based diet plans and deployed a pilot at Walmart/Sam's Club.

Dana-Farber Cancer Institute · Researcher 2008 – 2010

Functional genomic analysis of cell signaling in pancreatic cancer and glioblastoma, and metastasis patterns in prostate cancer. American Cancer Society Betty Lea Stone Fellowship.

EDUCATION AND TRAINING

Brigham and Women's Hospital · Internal Medicine Residency 2014 – 2017

Harvard Medical School · MD 2008 – 2013

Harvard Business School · MBA 2010 – 2013

Stanford University · BS, Biological Sciences 2004 – 2008

SELECTED PUBLICATIONS

- Identification of a ligand-induced transient refractory period in nuclear factor-kappaB signaling
- Interrogation of inhibitor of nuclear factor κB α/nuclear factor κB (IκBα/NF-κB) negative feedback loop dynamics: from single cells to live animals in vivo
- A proteasomal stress response: pre-treatment with proteasome inhibitors increases proteasome activity and reduces neuronal vulnerability to oxidative injury
- Atypical metastases from prostate cancer: 10-year experience at a single institution
- Low-dose involved-field radiation in the treatment of non-Hodgkin lymphoma: predictors of response and treatment failure

MEDIA

Commentary featured in the Wall Street Journal, Forbes, Fortune, Business Insider and Vogue.